The Tall Pants Fit Guide

Measure a pair you like. Check the combination you can buy.

Start with a pair you like

A garment inseam runs from the crotch-seam intersection to the finished hem along the inside-leg seam. It is not your height or your body’s inside-leg measurement.

01 Choose a fair comparison

Use pants that fit with a similar cut and rise to the pair you want. Record whether they have been washed and dried as usual; do not compare an unworn pair with a well-worn pair without noting the difference.

02 Lay them flat without stretching

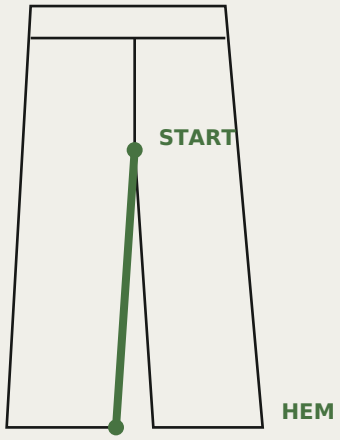
Fasten the waist, place the pants on a firm surface and smooth the fabric gently. Move the other leg aside so you can see the inside seam. Do not pull stretch fabric taut.

03 Follow the inside seam

Place the tape’s zero at the join of the crotch seams. Follow the inside-leg seam to the finished hem, including any cuff as it is actually worn. Do not measure the outside leg or cut diagonally across the panel.

04 Record both legs and the context

Measure each leg twice and record both results. If they differ, note the shorter result when deciding your minimum. Write down the shoes, cut, rise and hem position that make this pair work.



Follow the highlighted inside seam from the crotch join to the finished hem. Diagram is schematic, not a scale or a body measurement.

Make the comparison fair

The same inseam can look different when the leg opening, rise or shoes change. Use the hem position you want as the comparison, rather than adding one fixed allowance to every pair.

Straight or tapered	Decide whether you want an ankle finish, a clean full length or a break on the shoe. Match the reference pair’s intended finish.
Wide leg or flare	Check the hem in the shoes you will wear. Make sure it clears the floor when you walk; heel height does not translate into one universal extra-inch rule.
Fitted leggings	Compare with leggings worn at the ankle position you like. Record the relaxed garment measurement; stretch and compression are fit properties, not a substitute for length.

Check a buyable combination

A listed 36-inch length shows that an option exists. It does not establish that your waist size and chosen color are available in that length.

01 Find the number

Look for a product-specific inseam, selected length option or garment-measurement chart. If the page only says Tall or Long, treat the numeric measurement as unknown.

02 Select size, length and color together

Choose the waist or size, then the length and color. If another selection changes what is enabled, recheck all three. A length available in one wash may be unavailable in another.

03 Record the exact candidate

Save the product link, selected size, length, color and date checked. Recheck the retailer’s selection and stock immediately before buying.

Illustrative size–length matrix only. These invented states are not a retailer stock report.

Waist / size	34-inch length	36-inch length	38-inch length
W26	Available	Sold out	Not listed
W28	Sold out	Available	Not listed

Check fit independently from length

Waist and hip

Use the retailer’s body-size chart for your body measurements. Compare garment measurements with a pair that fits. Buying a larger waist does not guarantee a longer inseam.

Rise and crotch depth

Where the waistband and crotch sit affects how the legs hang. A different rise, crotch depth or knee position can change the fit even when the inseam matches.

Stretch, fabric and care

Stretch changes ease, not the listed inches. Check fabric, care instructions and credible shrinkage notes. Do not assume every fabric needs the same extra length or can be let down at the hem.

Check the actual number. Tall Inseams collections use a half-inch matching window: the 36-inch collection can include listed lengths of 35.5–36.5 inches. If 36 inches is your strict minimum, inspect each product’s actual number and verify the exact retailer variant; a nearby match is not an exact-length guarantee.

Your fit worksheet

Print this page or copy the prompts into your notes. Keep separate references for different shoes or silhouettes instead of relying on one number for every pair.

Reference pair / retailer / size

Washed and dried? / date measured

Cut / rise / fabric

Shoes / heel height

Desired hem position

Left inseam / right inseam (inches)

Minimum acceptable inseam (inches)

Preferred range for this cut (inches)

Reference waist / hip measurements

Care or alteration limits

Shortlist the exact combinations

Retailer / style / link	Size + color	Selected length / actual inseam	Stock + date checked
1.			
2.			
3.			

Before you buy

- ☐ My reference matches the cut, shoes and hem position I want.
- ☐ I found a numeric garment inseam or recorded that it is unknown.
- ☐ My size, length and color can be selected together now.
- ☐ I compared waist, hip, rise and stretch as well as length.
- ☐ I checked fabric care and any evidence of shrinkage.
- ☐ I checked return costs, final-sale terms and alteration limits.
- ☐ I saved the exact product link and rechecked the selection before checkout.

Put your numbers to work

Shop by actual inseam
34-inch inseam pants
36-inch inseam pants
38-inch inseam pants
Retailer inseam guides
Detailed measuring instructions

Want shopping emails too? You can save your preferences separately. The guide and PDF stay available without subscribing.

Shopping email preferences: tallinseams.com/updates